



Human Resources

Center for Employee Health and Wellness

IMPORTANT INFORMATION FOR YOUR UPCOMING MEDICAL EXAMINATION

Your appointment will be at the following clinic:

- Arrowhead Regional Medical Center (ARMC) Clinic: 400 N. Pepper Ave., 2nd Floor, Colton, CA. 92324
- Human Resources (HR) Clinic: 175 W. 5th Street, 1st Floor San Bernardino, CA. 92415

Please follow the directions below when arriving to your appointment at the San Bernardino County Center for Employee Health and Wellness (CEHW):

- Bring your eyeglasses or contacts for the eye exam.
- Bring a current valid ID.
- Know your Social Security number as it is required for processing your documentation.
- Arrive approximately 20 minutes early to the appointment to ensure time for parking and walking to the clinic. Parking may be limited and it may take some time to secure a space.
- All paperwork must be completed using black or blue ink only.
- Be prepared to indicate the make, model, and color of your vehicle at the front desk.
- Your appointment may be rescheduled if you are more than 10 minutes late to your appointment. Please call your hiring department if you are late to your appointment.

Your department may have additional instructions or requirements that are not listed above. Please check with your hiring department about how to prepare for your appointment.

If you need to cancel or reschedule your appointment, please contact the department or individual who scheduled your appointment. CEHW will not reschedule or cancel your appointment without express permission from your hiring department.

Please do not contact CEHW to check on your clearance. Your hiring department will contact you once a clearance determination has been made.

Failure to follow these directions may delay your medical clearance and employment with the County.

Directions for arriving at the HR Clinic

- Address: 175 W. 5th Street, 1st Floor, San Bernardino, CA. 92415
- From 5th Street, turn south onto N. Mountain View Avenue.
- Turn left into the parking lot entrance.
- Park in a designated visitor center parking space.
- The lobby entrance is in the southwest corner of the building facing south.



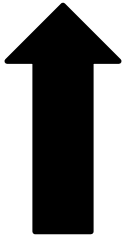
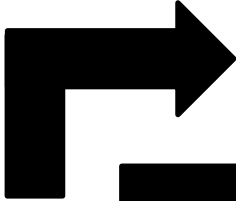
Directions for arriving at the ARMC Clinic

- Address: 400 N. Pepper Ave. Colton, CA. 92324, Outpatient, 2nd Floor, CEHW
- From N. Pepper Ave., turn east onto Plum Ave.
- CEHW has exclusive parking for San Bernardino County employees and candidates immediately south of the Outpatient Entrance, parking lot 2.
- Please enter through the Outpatient Entrance located in the south wing. Do not go through the hospital's main entrance, unless directed otherwise.
- Be prepared to be screened at security prior to entering the facility.
- Once inside, take the elevator to the Second Floor.
- Upon exiting the elevator, head up the hallway towards the glass atrium wall.
- Turn right at the glass atrium wall and past another hallway.
- CEHW is the first door on the left.



ATRIUM

CEHW ENTRANCE



BATHROOMS

SECOND FLOOR
OUTPATIENT CLINIC



ELEVATORS

