



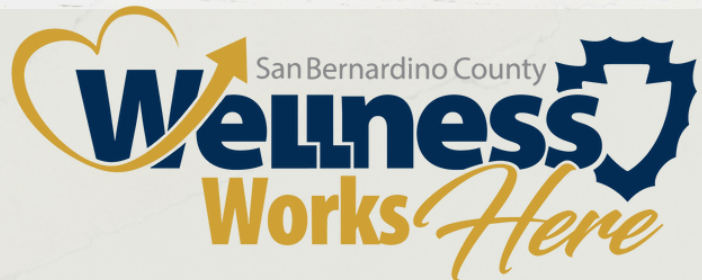
# Total WELLNESS Challenge

## PRIZES

- 1st Place Grand Prize
- Weekly Raffle Prizes
- End of Challenge Raffles
- Gift for All Participants

Wellness is more than just staying active and eating healthy. It's a journey that involves many areas of our lives. Come explore the many dimensions of wellness in this fun, team based summer challenge!

**July 15th -  
August 23rd**



**Register  
Today!**

**Team  
Captain  
Training  
June 25th  
10 AM**



**VISIT: [link.sbcounty.gov/TWC](https://link.sbcounty.gov/TWC)**

Must be a County employee to be eligible for any rewards and incentives. Rewards are subject to applicable federal and state IRC tax codes. All rewards and incentives are subject to change and inventory availability.