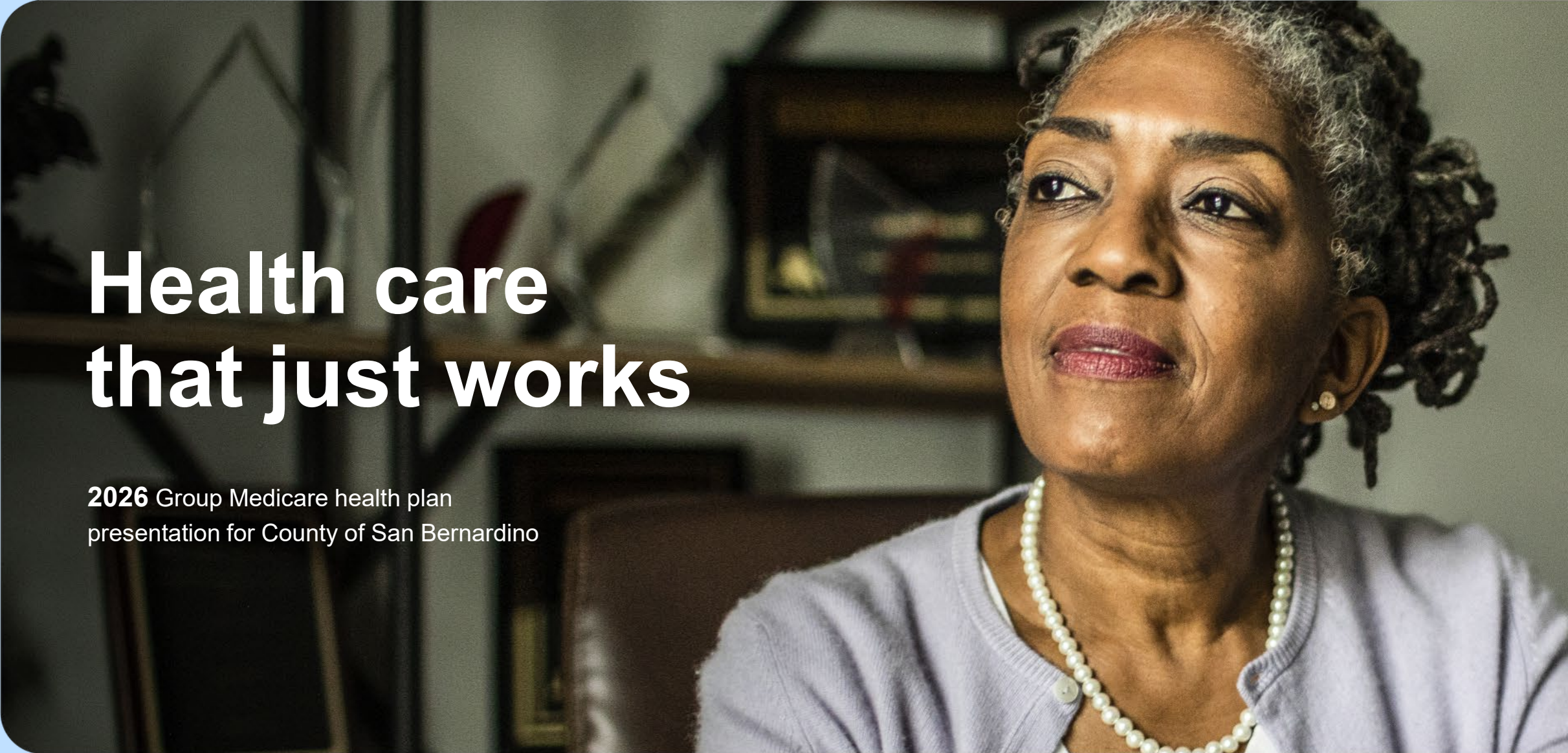




Health care that just works

2026 Group Medicare health plan
presentation for County of San Bernardino

Work out your way

Whether you work out at the gym or at home, you can find the exercise routine that's right for you with One Pass® — available at no extra cost.¹

The One Pass program offers:

- A nationwide network of gyms and fitness locations²
- Live, online fitness classes and on-demand workouts

1. One Pass® is a registered trademark of One Pass Solutions, Inc., in the U.S. and other jurisdictions and is a voluntary program. The One Pass program and amenities vary by plan, area, and location. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. One Pass is not responsible for the services or information provided by third parties. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them. **2.** Included in the Core and Premium networks.



Keep your mind fit and sharp

To help exercise your mind, our Medicare health plans include a brain training program designed to improve your memory, attention, focus, and decision-making.

The brain training program:

- Offers engaging and challenging cognitive tests and brain games
- Is customizable to meet your needs and preferences



Take steps toward better well-being

One Pass also offers Bold, a science-based online program of live and on-demand exercise classes to improve your functional health and fitness.*

The Bold program will help you:

- Achieve better balance
- Boost strength and endurance
- Improve bladder control
- Increase flexibility and mobility
- Reduce pain

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CoSB KPSA plan options

Kaiser Permanente Medicare health plan—Summary of Benefits (01/01/26–12/31/26)

Services	HIGH OPTION	LOW OPTION
Annual Out-of-Pocket Maximum	\$1,000 per calendar year \$2,000 per calendar year	\$1,000 per calendar year \$2,000 per calendar year
Lifetime Maximum	None	None
Office Visits	\$10 per visit	\$25 per visit
Lab/X-rays	No charge	No charge
Outpatient Surgery	\$10 per procedure	\$25 per procedure
Hospitalization Services	No charge	\$500 per admission
Emergency Services	\$50 per visit	\$50 per visit
Ambulance Services	\$0 per trip	\$50 per trip
Prescription Drugs (Generic and Brand)	\$10/\$20 for up to a 100-day supply	\$10 generic \$25 brand 30-day supply
Durable Medical Equipment	No charge	20% coinsurance
Eyewear	\$150 allowance every 24 months	\$150 allowance every 24 months

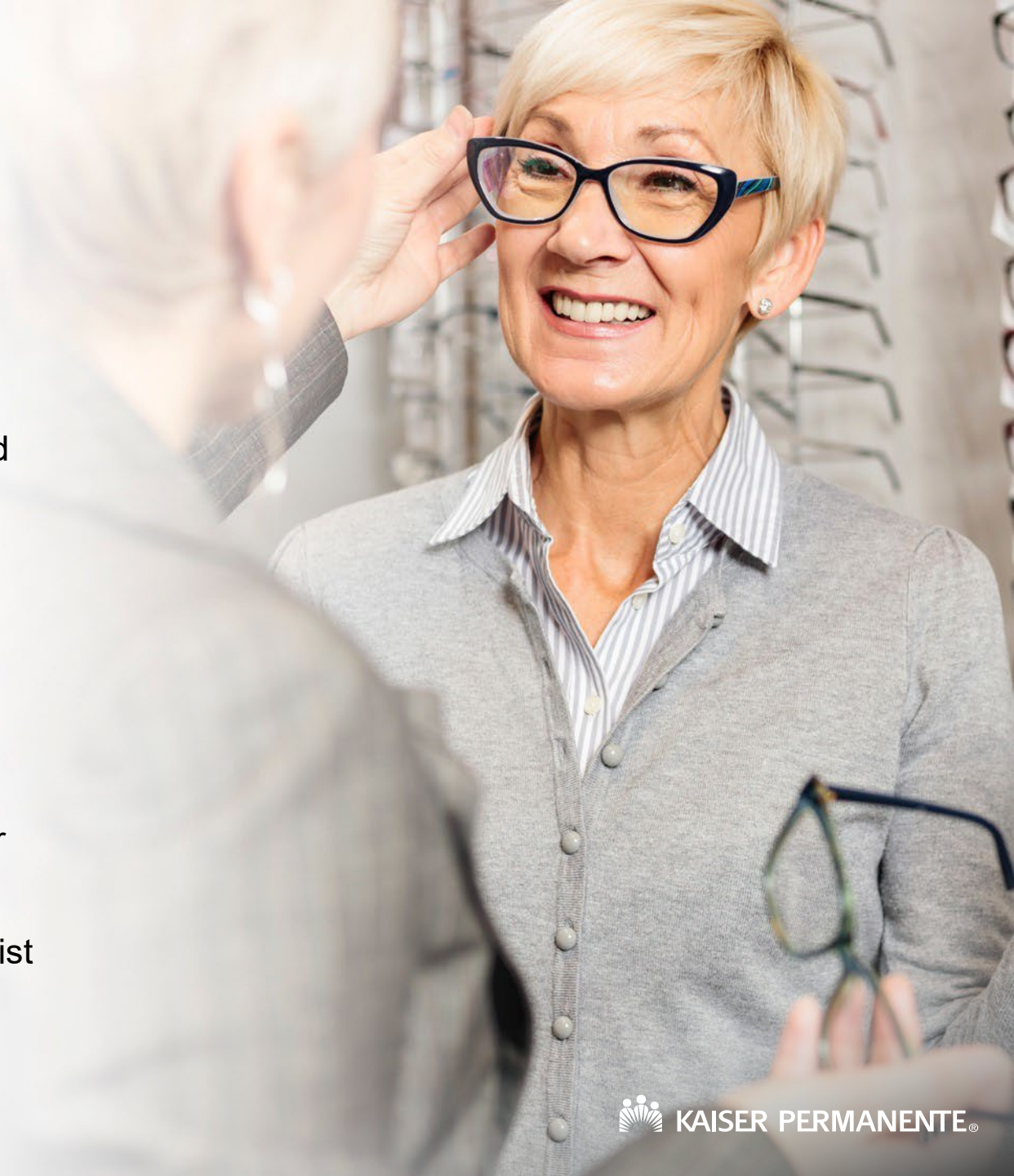
This is a benefit summary of <employer group name>’s Kaiser Permanente Medicare health plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the Kaiser Permanente Medicare health plan **Evidence of Coverage**.

Focus on a healthier you

Over time, your eyes can change, affecting your vision and your quality of life. To help keep your eyes and vision in good shape, we include a vision benefit through Vision Essentials by Kaiser Permanente.

The vision benefit includes:

- A **\$150.00** allowance toward an eyewear purchase once every 2 years
- Prescription eyeglasses or contact lenses from any Vision Essentials optical center, which are located at many Kaiser Permanente facilities
- A routine eye exam from any Kaiser Permanente optometrist



Get the information you need

County of San Bernardino Kaiser Permanente Medicare health plan

Contact your HR benefits department to get started.

Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.

Kaiser Permanente Member Services

<1-800-443-0815 (TTY 711), 7 days a week, 8 a.m. to 8 p.m.>

Medicare information

<1-800-MEDICARE (1-800-633-4227), (TTY 1-877-486-2048), 24 hours a day, 7 days a week.>

Social Security Administration

Learn more about eligibility, how to sign up for Parts A and B, and about your Part B premium.

<1-800-772-1213 (TTY 1-800-325-0778), Monday through Friday, 8 a.m. to 7 p.m.>