# Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

# blue 🗑 of california

# Custom Access+ HMO Plan

# Coverage Period: Beginning On or After 7/30/2022

Coverage for: Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>bsca.com/policies/W0051658-M0030041EOC\_COI202207.pdf</u> or call 1-855-599-2657. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>healthcare.gov/sbc-glossary</u> or call 1-866-444-3272 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0.	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> and services listed in your complete terms of coverage.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>healthcare.gov/coverage/preventive-care-benefits</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<b>\$3,500</b> per individual / <b>\$7,000</b> per family for <u>participating providers</u> .	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Copayments</u> for certain services, <u>premiums</u> , and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>blueshieldca.com/fad</u> or call <b>1-855-599-2657</b> for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies. What You Will Pay **Common Medical** Limitations, Exceptions, & Other **Services You May Need Non-Participating Provider** Participating Provider **Important Information** Event (You will pay the least) (You will pay the most) Primary care visit to treat an \$40/visit Not Covered -----None----injury or illness Self-referral is available for Access+ Access+ Specialist: \$50/visit If you visit a health Not Covered Specialist visit Other Specialist: \$40/visit Specialist visits. care provider's office You may have to pay for services that or clinic aren't preventive. Ask your provider if Preventive care/screening No Charge Not Covered /immunization the services needed are preventive. Then check what your <u>plan</u> will pay for. Lab & Path: 40% coinsurance Lab & Path: Not Covered Preauthorization is required. Failure to X-Ray & Imaging: 40% X-Ray & Imaging: Not Diagnostic test (x-ray, blood obtain preauthorization may result in Covered coinsurance non-payment of benefits. The services work) Other Diagnostic Examination: Other Diagnostic listed are at a freestanding location. 40% coinsurance Examination: Not Covered If you have a test Outpatient Radiology Center: **Outpatient Radiology Center:** Preauthorization is required. Failure to Not Covered 40% coinsurance Imaging (CT/PET scans, MRIs) obtain preauthorization may result in Outpatient Hospital: 40% Outpatient Hospital: Not non-payment of benefits. coinsurance Covered Retail: \$5/prescription Retail: Not Covered Preauthorization is required for select If you need drugs to Tier 1 drugs. Failure to obtain Mail Service: \$10/prescription Mail Service: Not Covered treat your illness or preauthorization may result in non-Retail: \$10/prescription Retail: Not Covered condition Tier 2 payment of benefits. Mail Service: \$20/prescription Mail Service: Not Covered More information about *Retail*: Covers up to a 30-day supply: prescription drug 90-days may be covered with a coverage is available at Retail: Not Covered Retail: \$25/prescription Tier 3 copayment for each 30-day supply; blueshieldca.com/ Mail Service: \$50/prescription Mail Service: Not Covered Mail Service: Covers up to a 90-day formulary supply.

Common Medical		What You	Limitations, Exceptions, & Other Important Information		
Event	Services Yoll May Need Participating Provider Non-Participating Provider				<u>Non-Participating Provider</u> (You will pay the most)
	Tier 4	Retail and Network Specialty Pharmacies: 20% coinsurance up to \$200/prescription Mail Service: 20% coinsurance up to \$400/prescription	<i>Retail</i> : Not Covered <i>Mail Service</i> : Not Covered	Preauthorization is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits. <i>Retail and Network Specialty</i> <i>Pharmacies</i> : Covers up to a 30-day supply; Specialty drugs must be obtained at a Network Specialty Pharmacy. <i>Mail Service</i> : Covers up to a 90-day supply.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)40% coinsurance Outpatient Hospital: 40%Not Co Outpatient		Ambulatory Surgery Center: Not Covered Outpatient Hospital: Not Covered	None	
	Physician/surgeon fees	No Charge	Not Covered		
If you need immediate medical attention	Emergency room care	Facility Fee: \$50/visit Physician Fee: No Charge	<i>Facility Fee</i> : \$50/visit <i>Physician Fee</i> : No Charge	None	
	Emergency medical transportation	No Charge	No Charge	This payment is for emergency or authorized transport.	
	Urgent care	\$40/visit	<i>Within <u>Plan</u> Service Area:</i> Not Covered <i>Outside <u>Plan</u> Service Area:</i> \$40/visit	None	
lf you have a hospital stay	Facility fee (e.g., hospital room)	\$100/admission + 20% <u>coinsurance</u>	Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.	
	Physician/surgeon fees	No Charge	Not Covered	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit: \$40/visit Other Outpatient Services: No Charge Partial Hospitalization: No Charge Psychological Testing: No Charge	Office Visit: Not Covered Other Outpatient Services: Not Covered Partial Hospitalization: Not Covered Psychological Testing: Not Covered	<u>Preauthorization</u> is required except for office visits. Failure to obtain <u>preauthorization</u> may result in non- payment of benefits.	

Common Medical		What You	Limitations, Exceptions, & Other Important Information		
Event	Services You May Need	Participating Provider (You will pay the least)Non-Participating Provider (You will pay the most)			
	Inpatient services	Physician Inpatient Services: No Charge Hospital Services: \$100/admission + 20% <u>coinsurance</u> Residential Care: \$100/admission + 20% <u>coinsurance</u>	Physician Inpatient Services: Not Covered Hospital Services: Not Covered Residential Care: Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.	
	Office visits	No Charge	Not Covered		
If you are pregnant	Childbirth/delivery professional services	No Charge	Not Covered	None	
	Childbirth/delivery facility services	\$100/admission + 20% <u>coinsurance</u>	Not Covered		
If you need help recovering or have other special health needs	Home health care	No Charge	Not Covered	Preauthorization is required. Failure to obtain preauthorization may result in non-payment of benefits. Coverage limited to 100 visits per member per Calendar Year.	
	Rehabilitation services	<i>Office Visit:</i> \$40/visit <i>Outpatient Hospital:</i> \$40/visit	Office Visit: Not Covered Outpatient Hospital: Not Covered	None	
	Habilitation services	<i>Office Visit:</i> \$40/visit <i>Outpatient Hospital:</i> \$40/visit	Office Visit: Not Covered Outpatient Hospital: Not Covered		
	Skilled nursing care	Freestanding SNF: No Charge Hospital-based SNF: No Charge	<i>Freestanding SNF</i> : Not Covered <i>Hospital-based SNF</i> : Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits. Coverage limited to 100 days per member per benefit period.	
	Durable medical equipment	40% coinsurance	Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> may result in non-payment of benefits.	

Common Medical		What Yo	What You Will Pay		
Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Hospice services	No Charge	Not Covered	Preauthorization is required except for pre-hospice consultation. Failure to obtain preauthorization may result in non-payment of benefits.	
If your child needs dental or eye care	Children's eye exam	Not Covered	Not Covered		
	Children's glasses	Not Covered	Not Covered	None	
	Children's dental check-up	Not Covered	Not Covered		
Excluded Services & Ot	ther Covered Services:				
Services Your <u>Plan</u> Ger	nerally Does NOT Cover (Check	your policy or <u>plan</u> document	for more information and a list	of any other <u>excluded services</u> .)	
Acupuncture	Dental c	are (Adult) •	Long-term care	Routine eye care (Adult)	
Chiropractic Care	e • Hearing	Aids	Non-emergency care when traveling outside the U.S.	Routine foot care	
Cosmetic surger	v ● Infertility	• Treatment	Private-duty nursing	<ul> <li>Weight loss programs</li> </ul>	

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgery

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <u>cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice or assistance, contact: Blue Shield Customer Service at 1-855-599-2657 or the Department of Labor's Employee Benefits Security Administration at **1-866-444-EBSA (3272)** or <u>dol.gov/ebsa/healthreform</u>. Additionally, you can contact the California Department of Managed Health Care Help at 1-888-466-2219 or visit <u>helpline@dmhc.ca.gov</u> or visit <u>http://www.healthhelp.ca.gov</u>.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

\* For more information about limitations and exceptions, see the plan or policy document at <u>bsca.com/policies/W0051658-M0030041EOC\_COI202207.pdf</u>.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Services:

English: For assistance in English at no cost, call 1-866-346-7198.

Spanish (Español): Para obtener asistencia en Español sin cargo, llame al 1-866-346-7198.

Tagalog (Tagalog): Kung kailanganninyo ang libreng tulongsa Tagalog tumawag sa 1-866-346-7198.

Chinese (中文): 如果需要中文的免费帮助, 请拨打这个号码1-866-346-7198.

Navajo (Dine): Diné k'ehjí doo bąąh ílínígó shíka' at'oowoł nínízingo, kwiji hodíílnih 1-866-346-7198.

Vietnamese (Tiếng Việt): Đểđược hỗ trợ miễn phí tiếng Việt, vui lòng gọi đến số 1-866-346-7198.

Korean (한국어): 한국어도움이필요하시면, 1-866-346-7198 무료전화 로전화하십시오.

Armenian (Հայերեն)։ Հայերեն լեզվով անվճար օգնություն ստանալու համար խնդրում ենք զանգահարել 1-866-346-7198.

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بر ای دریافت کمک ر ایگان زبان فارسی، لطفاً با شمار ه تلفن 7198-346-366 تماس بگیرید. : (فارسی) Persian

Punjabi (ਪੰਜਾਬੀ): ਪੰਜਾਬੀ ਵਿਚ ਸਹਾਇਤਾ ਲਈ ਕਿਰਪਾ ਕਰਕੇ 1-866-346-7198 'ਤੇ ਕਾੱਲ ਕਰੋ।

Khmer (ភាសាខ្មែរ)៖ សូមជំនួយភាសាអង់គ្លេសដោយឥតគិតថ្លៃ សូមទាក់ទងមកលេខ 1-866-346-7198។

لحصول على المساعدة في اللغة العربية مجانا، تفضل باتصال على هذا الرقم: 7198-346-346. : (العربية) Arabic

Hmong (Hnoob): Xav tau kev pab dawb lub Hmoob, thov hu rau 1-866-346-7198.

Hindi (हिन्दी): हिन्दी में बिना खर्च के सहायता के लिए, 1-866-346-7198 पर कॉल करें।

Thai (ไทย): สำหรับความช่วยเหลือเป็นภาษาไทยโดยไม่มีค่าใช้จ่ายโปรดโทร 1-866-346-7198

Laotian (ພາສາລາວ): ສໍາລັບການຊ່ວຍເຫຼືອເປັນພາສາລາວແບບບໍ່ເສຍຄ່າ, ກະລຸນາໂທ1-866-346-7198.

-To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.—

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\* For more information about limitations and exceptions, see the plan or policy document at <u>bsca.com/policies/W0051658-M0030041EOC\_C0I202207.pdf</u>.

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of <u>participating</u> pre-natal care and a hospital delivery)		Managing Joe's Type 2 Diabetes (a year of routine <u>participating</u> care of a well- controlled condition)		Mia's Simple Fracture ( <u>participating</u> emergency room visit and follow up care)		
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>copay+coins</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$0 \$40 \$100+20% 40%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>copay</u>+<u>coins</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$0 \$40 \$100+20% 40%	<ul> <li>Specialist copayment</li> <li>Hospital (facility) copay+coins</li> <li>\$100+</li> </ul>		
This EXAMPLE event includes service Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood Specialist visit (anesthesia)		This EXAMPLE event includes service Primary care physician office visits (includes as education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose medical equipment)	luding	This EXAMPLE event includes service Emergency room care (including medic supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therap	cal	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800	
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:		
Cost Sharing		Cost Sharing		Cost Sharing		
Deductibles	\$0	Deductibles	\$0	<u>Deductibles</u>	\$0	
<u>Copayments</u>	\$100	<u>Copayments</u>	\$600	<u>Copayments</u>	\$200	
<u>Coinsurance</u>	\$2,000	Coinsurance	\$400	<u>Coinsurance</u>	\$80	
What isn't covered		What isn't covered		What isn't covered		
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0	
The total Peg would pay is	\$2,160	The total Joe would pay is	\$1,020	The total Mia would pay is	\$280	

# Blue Shield of California

# Notice Informing Individuals about Nondiscrimination and Accessibility Requirements

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Blue Shield of California:

- Provides aids and services at no cost to people with disabilities to communicate effectively with us such as:
  - Qualified sign language interpreters
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- Provides language services at no cost to people whose primary language is not Englishsuch as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact the Blue Shield of California Civil Rights Coordinator.

If you believe that Blue Shield of California has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age or disability, you can file a grievance with:

Blue Shield of California Civil Rights Coordinator P.O. Box 629007 El Dorado Hills, CA 95762-9007

Phone: (844) 831-4133 (TTY: 711) Fax: (844) 696-6070 Email: BlueShieldCivilRightsCoordinator@blueshieldca.com

**Blue Shield of California** 601 12<sup>th</sup> Street, Oakland CA 94607 You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at **https://ocrportal.hhs.gov/ocr/portal/lobby.jsf**, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue SW. Room 509F, HHH Building Washington, DC 20201

(800) 368-1019; TTY: (800) 537-7697

Complaint forms are available at www.hhs.gov/ocr/office/file/index.html.



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Vietnamese (Tiếng Việt): Đểđược hỗ trợ miễn phí tiếng Việt, vui lòng gọi đến số 1-866-346-7198.

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Punjabi (ਪੰਜਾਬੀ): ਪੰਜਾਬੀ ਵਿਚ ਸਹਾਇਤਾ ਲਈ ਕਿਰਪਾ ਕਰਕੇ 1-866-346-7198 'ਤੇ ਕਾੱਲ ਕਰੋ।

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