



blue of california

SIGNATURE HMO

CHIROPRACTIC BENEFITS



If you have Blue Shield Signature, you can schedule a chiropractic exam as follows:

Find a Participating Chiropractor:

- ▶ You can visit any participating chiropractor in California from the ASH Plans network. Simply log in to blueshieldca.com, click on Find a Doctor on your dashboard, and select Alternative Medicine.
- ▶ **Present Your Blue Shield ID Card** at the time of your first visit and you'll pay only your \$10 copayment.



- Maximum of 20 visits per year
- \$10 copay per visit
- Must be medically necessary
- No referral needed from your primary physician

Enjoy your chiropractic care!



Human Resources
Employee Benefits and Services



More Information

blueshieldca.com/sbcounty